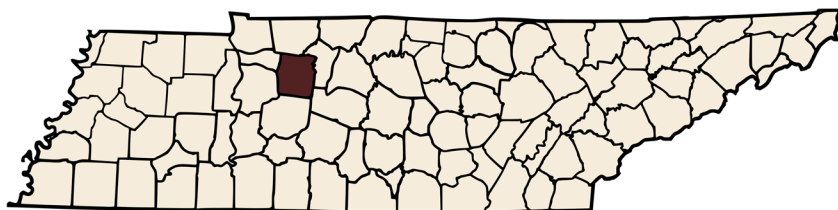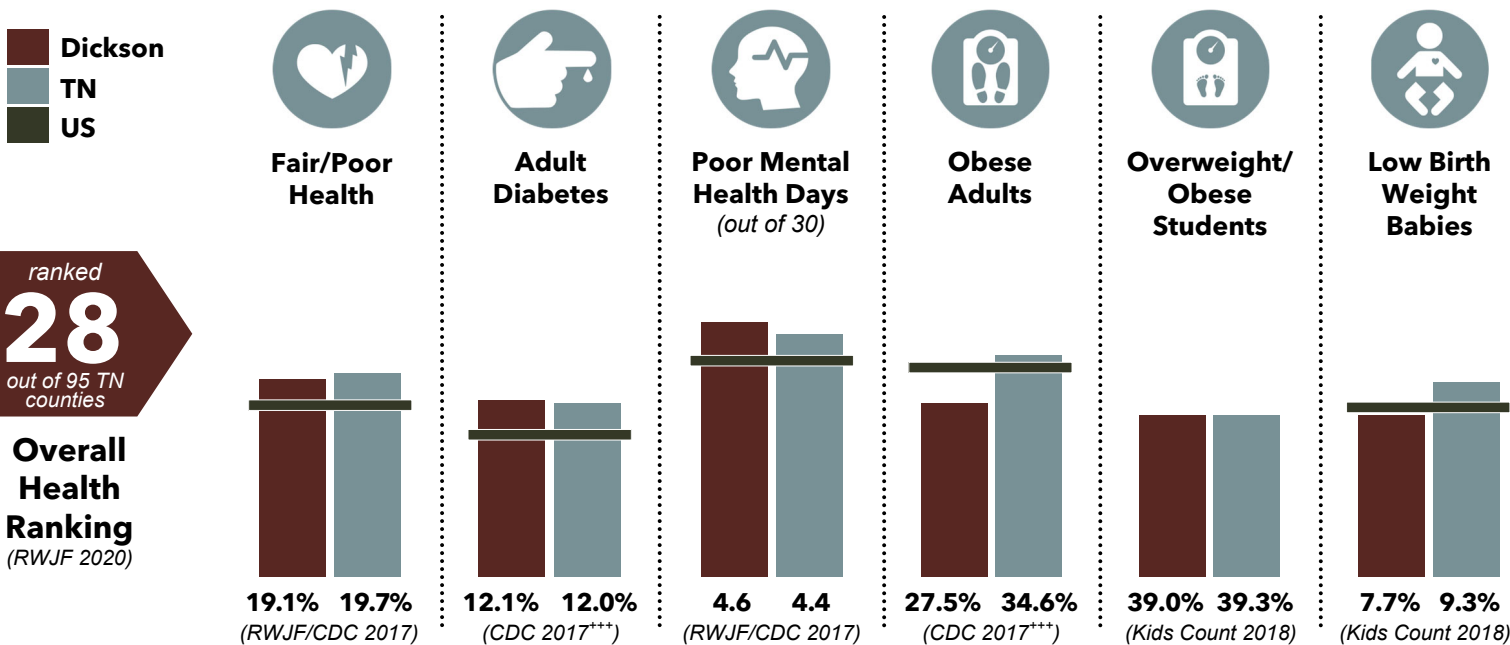# DICKSON COUNTY

2019 QUICK FACTS

Pop.: **53,948**

% Rural*: **67.8%**

Age <18: **22.9%**

Age 65+: **16.7%**

*(Census 2019, *2010)*

Race/Ethnicity:

White Non-Hispanic: **89.3%**

Black Non-Hispanic: **3.9%**

Hispanic: **3.9%**

HEALTH OUTCOMES IN DICKSON COUNTY

- **Dickson**
- **TN**
- **US**

ranked

28

out of 95 TN counties

Overall Health Ranking

(RWJF 2020)

	Fair/Poor Health	**Adult Diabetes**	**Poor Mental Health Days** *(out of 30)*	**Obese Adults**	**Overweight/ Obese Students**	**Low Birth Weight Babies**
Dickson	19.1%	12.1%	4.6	27.5%	39.0%	7.7%
TN	19.7%	12.0%	4.4	34.6%	39.3%	9.3%
Source	*(RWJF/CDC 2017)*	*(CDC 2017+++)*	*(RWJF/CDC 2017)*	*(CDC 2017+++)*	*(Kids Count 2018)*	*(Kids Count 2018)*

THE DRIVERS OF HEALTH

Our behaviors, physical, social, and economic environments, and access to clinical care are all major drivers of health.

- **Health Behavior** 30%
- **Social & Economic Environment** 40%
- **Physical Environment** 10%
- **Clinical Care** 20%
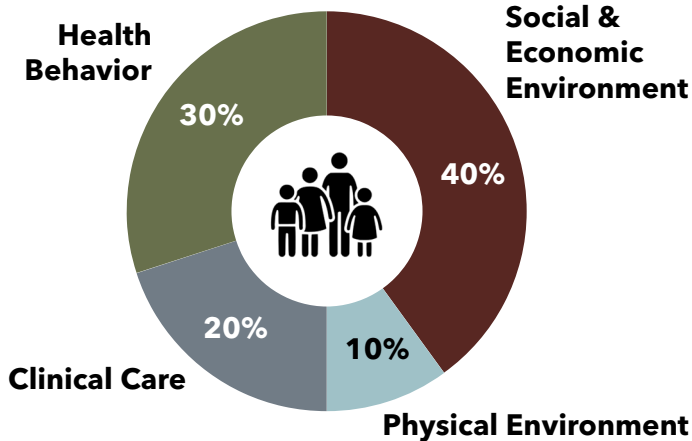
The factors that drive our health are complex and interconnected. They can affect each other while also influencing our health and well-being.

DICKSON COUNTY
EXAMPLES OF THE DRIVERS OF HEALTH

Dickson
TN
US

SOCIAL & ECONOMIC ENVIRONMENT

*influences **40%** of population health*

Poverty Rate

14.3%   16.1%
(Census 2014-18)
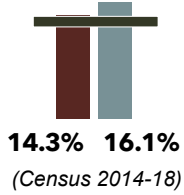
Educational Attainment (Associate's Degree or More)

21.5%   33.8%
(Census 2014-18)
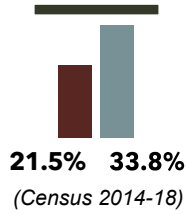
Unemployment Rate

3.0%   3.4%
(BLS 2019)
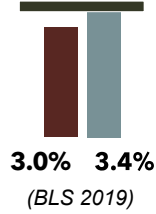
Median Household Income *(Census 2014-18)*

$50,549 $50,972 $60,293

Crime Rate *(per 1K pop.)* *(TBI 2019)*

80.1
77.8

HEALTH BEHAVIOR

*influences **30%** of population health*

Drug Overdose Deaths *(per 100K pop.)* *(CDC 2014-18)*

31.2
25.6   19.6

Adult Smokers

21.3%   23.0%
(RWJF/CDC 2017)
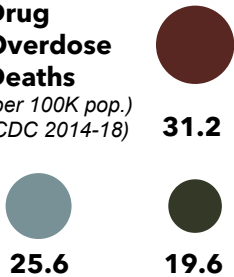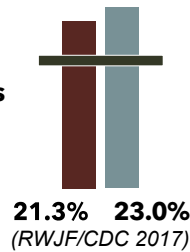
Physically Inactive Adults

20.7%   29.4%
(CDC 2017[+++])
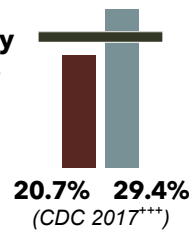
Excessive Drinking

14.5%   14.0%
(RWJF/CDC 2017)
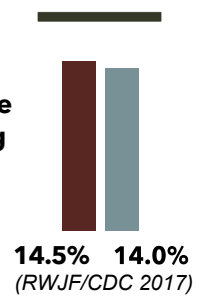
CLINICAL CARE

*influences **20%** of population health*

Uninsured Rate, Age <65 *(Census 2018)*

12.7%
12.0%

Pregnant Women Receiving Adequate Prenatal Care *(Kids Count 2018)*

59.0%
58.8%

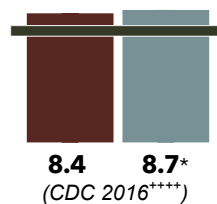**Mental Health Providers** *(per 100K pop.)* *(RWJF/CMS 2019)*

99   152   250
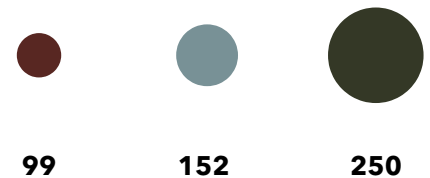
PHYSICAL ENVIRONMENT

*influences **10%** of population health*

Air Quality *(micrograms of particulate matter per cubic meter)*

8.4   8.7*
(CDC 2016[++++])

Percent with Severe Housing Problems

12.7%   14.2%
(HUD 2013-17)
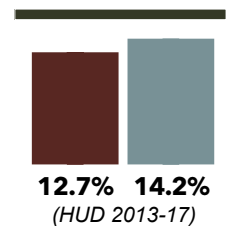
For more details, visit www.SycamoreInstituteTN.org/Counties.

DICKSON COUNTY
DATA APPENDIX

	Dickson County		TN	US
	Value	**Rank**[++]		
QUICK FACTS:				
Population (2019)	53,948	29	6,829,174	328,239,523
% of population under age 18 (2019)	22.9%	21	22.1%	22.3%
% of population age 65+ (2019)	16.7%	78	16.7%	16.5%
% of population residing in a rural area (2010)	67.8%	50	34.4%	21.0%
HEALTH OUTCOMES:				
% of adults who rate their health as "poor" or "fair" (2017)	19.1%	17	19.7%	17.0%
% of adults age 20+ diagnosed with diabetes (2017)	12.1%	50	12.0%[+++]	10.1%[+++]
Avg # of mentally unhealthy days reported in the past month (2017)	4.6	19	4.4	4.0
% of adults age 20+ who are obese (2017)	27.5%	6	34.6%[+++]	33.7%[+++]
% of public school students who are overweight or obese (2018)	39.0%	23	39.3%	n/a
% of births that are considered low birth weight births (2018)	7.7%	25	9.3%	8.3%
SOCIAL & ECONOMIC ENVIRONMENT:				
% of people with incomes below the poverty level (2014-2018)	14.3%	17	16.1%	14.1%
% of adults age 25+ with at least an associate's degree (2014-2018)	21.5%	51	33.8%	39.9%
% of labor force that is unemployed (2019)	3.0%	10	3.4%	3.7%
Median household income (2014-2018)	$50,549	19	$50,972	$60,293
# of crimes per 1K population (2019)	80.1	82	77.8	n/a[+]
HEALTH BEHAVIOR:				
# of drug overdose deaths per 100K population (age adj.) (2014-2018)	31.2[+]	47[++]	25.6	19.6
% of adults who currently smoke cigarettes (2017)	21.3%	25	22.6%	17.0%
% of adults age 20+ reporting no leisure-time physical activity (2017)	20.7%	8	29.4%[+++]	24.9%[+++]
% of adults reporting binge or heavy drinking (2017)	14.5%	71	14.3%	19.0%
CLINICAL CARE:				
% of individuals under age 65 who are uninsured (2018)	12.7%	54	12.0%	10.4%
% of pregnant women receiving adequate prenatal care (2018)	59.0%	61	58.8%	n/a[+]
# of mental health providers per 100K population (2019)	99[+]	20[++]	152	250
PHYSICAL ENVIRONMENT:				
Avg annual micrograms of particulate per cubic meter of air (2016)	8.4	27	8.7[++++]	7.6[++++]
% of households with at least 1 severe housing problem (spend >50% of income on housing, overcrowded housing, or lack of complete kitchen or plumbing) (2013-2017)	12.7%	46	14.2%	17.5%

[+] *"n/a" means that data are not available. In some cases, national data comparable to state/county data are unavailable. In others, low figures in some counties were suppressed for privacy reasons.*

[++] *For "Quick Facts," a rank of 1 indicates highest value. For all other measures, a rank of 1 is best and 95 worst. For example, the county with the highest diabetes rate ranks 95th. Due to data availability, only 69 counties are ranked for overdose deaths and 89 counties for mental health providers.*

[+++] *TN and US values represents the median value across all counties.*

[++++] *TN and US values represents the averages across all counties.*

For more details, visit www.SycamoreInstituteTN.org/Counties.

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